



Oral Health Care During COVID-19

Only dental emergency and selected non-emergency care is recommended at this time



Examples of a dental emergency

- One or more broken teeth
- Bleeding in the mouth that doesn't stop
- Pain and swelling in and or around your mouth



Selected dental care you should have taken care of at this time

- Maintenance of braces
- Initial and recall dental exams
- Silver diamine fluoride placements
- Fluoride varnish



Dental care that can be rescheduled for another time

- Implants
- Silver and white fillings
- Crowns



Need to see a dentist?

- Call your dentist's office first
- Tell him/her your dental issue
- Follow your dentist's instructions



Resources

Dental Smile California: 1-800-322-6384 or www.smilecalifornia.org

DHCS Medi-Cal Dental: If you have a dental emergency during COVID-19 restrictions, call 1-800-322-6384 for assistance or visit their website for locations: https://dental.dhcs.ca.gov/Beneficiaries/Denti-Cal/COVID-19_Emergency_Locations/

211 LA- A free, confidential referral and information helpline.

Call: 2-1-1 or **Visit:** <https://www.211la.org/>

LAC DPH Oral Health Program: <http://ph.lacounty.gov/ohp>



Keep your mouth healthy

- Always wash your hands before and after brushing and flossing
- Brush your teeth twice a day with fluoridated toothpaste and floss daily
- Make healthy food and drink choices
- Do not share utensils, straws, toothbrushes, or food nor put your hands in your mouth

